

WHAT IS



**It is a FREE 10-Month
Prevention and Skills
Enhancement Program for
children ages 9 - 12**

Eligibility: Dependents of Columbus AFB,
including civilian and *contractor
employees

* Most on-base contractor employees are eligible as long as there is an employee drug

What happens in the 10 months?

Phase I: Leadership Camp (7-12 July 2003)

Staff: 0700-1700

Students: 0730-1630

Phase II: Monthly Mentoring Meetings / Sep - May

(One Saturday each month, 0900-1200)

Parent Education / Sep - May

Parents invited to special activities

Outplacement to Other

GOALS/ OBJECTIVES

1. Provide 9-12 y/olds with social skill tools to resist gangs, drugs, alcohol, and violence

- **Enhance Leadership & Life Skills**

- Goal Setting, Team Building, Conflict Resolution, Decision Making, Peer Pressure Resistance

2. Improve self-image, interpersonal skills, and promote community service and citizenship.

3. Expand knowledge of future life opportunities, promote healthy lifestyles, and increase awareness on consequences of harmful drug use.

PROGRAM BENEFITS

- **YOUTH:** Stronger, healthier adults
- **ADULTS:**
 - Improves ability to interact with children
 - Enhances planning/supervisory skills
 - Personal satisfaction and purpose
- **MILITARY:**
 - Improved Readiness with less worries at home
- **COMMUNITY:**
 - Increased conflict resolution and self-esteem skills can reduce violence and crime, and produce more responsible adults

What does a STAFF/MENTOR do?

FIRST: ALL DEFY personnel must complete applications for background checks, get supervisor recommendation, AND attend training meetings.

- **Become Positive Role Models for students by demonstrating**
 - Positive attitude and actions
 - Clean Appearance
 - Punctuality for functions
- **STAFF: PHASE I:** Attend the CAMP by working with the students, presenting curriculum, and/or behind the scenes
- **MENTORS: PHASE II:** Meet with the group

PHASE ONE - LEADERSHIP CAMP POSITIONS

***TEAM LEADERS** (CRITICAL POSITIONS)- *no camp without these being filled*

Team leaders are assigned to a team of 4-5 children during the camp (2 leaders per team). The program is best for the children with the same leaders for the full day; however, a minimum 4-hr/day is possible.

Needed: 10-20 per day

ADMINISTRATIVE ASSISTANTS

Typing of computer documents and filing support—daily situation reports, letters, certificates, info binders, and final reports- Attendance at camp not required. Computer is available at the Family Support Center.

Needed: 1-2

PHASE ONE - LEADERSHIP CAMP POSITIONS

FITNESS LEADER

Required fitness curriculum and lesson plans are provided. The fitness leaders would recruit and manage fitness staff for the activities to include: relay races, obstacle courses, and group games (ie. Bowling, volleyball, swimming). There are approximately 18 hours of fitness (Approx 3 hrs/day)

Needed: 1

FITNESS STAFF

Attend and present assigned activities. Create obstacle course and other equipment as needed. Approx 2 hrs/day **#**

Needed: 5

PHOTO ASSISTANTS

Take digital and regular photos during camp. Scanning of pictures might be necessary. Organize photos into a photo

PHASE ONE - LEADERSHIP CAMP POSITIONS

PUBLIC AFFAIRS

Coordinate with Silver Wings, Channel 64, Base Bulletins for news articles and photos. Create advertising signs. Arrange interviews during the camp and work on marketing. Attend information booths at BX (usually THURSDAYS) from 1 May - 15 Jun and/or Commanders' Calls **# Needed: 1-2**

TRANSPORTATION

Arrange and coordinate transportation for students and team leaders for educational trips and activities as needed, ensuring availability. **# Needed: 1**

SURVEY Coordinator

In charge of organizing, scheduling, and administering surveys to students, parents, mentors. Tracking and reporting scientific data to AF managers. This would require attending scheduled meetings, the morning of the first day of camp, and

PHASE ONE - LEADERSHIP CAMP POSITIONS

“LANDING ZONE” LEADER

To plan and coordinate this 2-hour, interactive workshop that follows the lesson plan, yet varies in creativity. This workshop has 5 different workstations with teambuilding activities. It can be set up in many ways (ie. Space aliens, swamp monsters, survivor theme, etc.) Coordination for location, making of props, soliciting of volunteers to set up and man the “work stations”, set up and clean up of site. This is the students’ favorite workshop! # Needed: 1-2

“LANDING ZONE” Staff

Assist in creating props, decorate, set up, facilitate the different work stations, and clean up. # Needed: 8-10

PHASE ONE - LEADERSHIP CAMP POSITIONS

CURRICULUM FACILITATORS

To present specific 45-minute workshops. There are 19 workshops using interactive curriculums broken down into numerous categories such as self-esteem, conflict resolution, drug resistance, team building, and social skills. Lesson plans, videos, and all other supplies are provided. PREP time: 1-2 hours / Presentation: 1 hour each **# Needed: 1-19**

MEALCOORDINATOR

Arrange and coordinate volunteers for nutritional lunchtime meals to be prepared/delivered/served to the community center each day. Coordinate breakfast and 2 other snacks per day. Family Support Center kitchen and all supplies are provided **# Needed: 1**

MEALS STAFF: Help the coordinator with meals and snacks **# Needed: 5-6**

PHASE ONE - LEADERSHIP

General Schedule (subject to change)
CAMP

• **Daily Schedule** (SUBJECT TO CHANGES)

- 0700-0730- Staff/Mentor Meeting
- 0730-0800 Breakfast/Snack
- 0800-1200 Curriculum
- 1200-1300 **LUNCH**
- 1300-1615 Curriculum
- **1615** End of Day CHAT
- 1630-1700 Staff Cleanup

PHASE ONE - LEADERSHIP CAMP

- **EDUCATION UNITS- Interactive Class Lessons**
 - **30-45 Minute Blocks** (SEE curriculum summary)
 - Video tapes, workbooks, role playing
 - **EXAMPLE: *Buildups/ Putdowns***
- **PHYSICAL FITNESS UNITS**
 - **1-2 hour blocks (Depending on activity)**
 - President's Challenge - Pre & Post Test
 - Team Activities: Bowling, Volleyball, Relay Races

PHASE TWO- MENTORING

- **SEP - MAY 03**

- **TENTATIVELY SCHEDULED FOR:**

- 1 SATURDAY/ Month 3 Hours (unless a Field Trip Day)**

- Interactive workshops
 - Times To Be Determined

- **MENTORING**

- Handbooks/ ADDITIONAL Training prior to Assignments to Students (1-2 per mentor)
 - Mentoring teams - 2 MENTORS/ Team
 - Weekly phone calls- Documented
 - Monthly meetings

STAFF / MENTOR TRAINING

**** ALL PERSONNEL** who will have **contact with students** must **ATTEND TRAINING** and **be committed** for the entire PHASE they sign up for.

- **Students** depend on mentors as **ROLE MODELS** to set the example of responsibility and commitment

- **TDYs, UNEXPECTED PCS, or EMERGENCIES** are the only exceptions for not attending the camp or monthly meetings

STAFF / MENTOR TRAINING

CAMP STAFF/MENTOR TRAINING - 4 PARTS

PART I: Responsibilities, Camp Rules, Abuse Awareness

PART II: Positive Guidance, Discipline

PART III: Curriculum practice, Scheduling, Teambuilding Techniques

PART IV: Drug awareness, Forms, and Media

ADDITIONAL CAMP STAFF

**Fitness Leader/Camp Director: Capt
Nina Perino**

Fitness Staff: TBD by Fitness Leader

Meals Staff: Ms. Regina Bowen

Landing Zone Staff: TBD by Landing Zone
Leader

**Camp SET UP/ Mentor Survey: Ms. Julie
Owens**

**For more information or to volunteer,
please contact the Life Skills Support**

We **HOPE** you will **JOIN** us
to help our **FUTURE**
GENERATION



DEEY™

The **ODDS!!!**